

# RECREATIONAL THERAPY (BS)

## Degree Requirements

Code	Title	Hours
<b>General Education Requirements</b>		
Select General Education Requirements (p. 1)		
<b>Major Requirements</b>		
<i>Recreational Therapy Major Core</i>		
A. Complete the following:		
BMD 251	Human Anatomy & Physiology I	4
BMD 252	Human Anatomy & Physiology II	4
HS 170	First Aid	1
KIN 370	Basic Motor Learning	3
RTH 292	Outdoor Recreation-Adventure	3
RTH 295	Intro to Therapeutic Rec	3
RTH 298	Practicum in Ther Rec	3
RTH 375	Mgmt in Therapeutic Recreation	3
RTH 395	Therapeutic Rec Process (W)	3
RTH 397	Intergenerational Rec/Wellness	3
RTH 465	TR Prog Des & Interventions I (see footnote table below (p. 1)) <sup>1</sup>	3
RTH 466	TR Prog Des & Interventions II (see footnote table below (p. 1)) <sup>1</sup>	3
RTH 468	Facilitation Techniques in TR	3
RTH 471	Evaluation & Research in HKS-W (see footnote table below (p. 1)) <sup>1</sup>	3
RTH 495	Internship in Rec Therapy (see footnote table below (p. 1)) <sup>1</sup>	12
SM 483	Issues in HKS (see footnote table below (p. 1)) <sup>1</sup>	3
PSY 340	Abnormal Psychology	3
B. Select one of the following:		
KIN 380	Kinesiology	3
or KIN 476	Exercise Physiology	
C. Select one of the following:		
KIN 461	PE for Atypical Child-Youth	3
or ST 210	Stat Reason and Application	
D. Select one from the following:		
KIN 477	Water Safety Instructor	3
KIN 231	ARC Lifeguard Training	
KIN 166	Movement-Rhythms and Dev Act	
E. Select one hour from HS, KIN, PE, RTH, or SM		
<b>General Electives</b>		
A. Select one from the following:		
CIS 150	Intro to Computer Applications	3
EDM 310	Microcomputing Systems	
CIS 010	Computer Proficiency Exam	0
<b>Minor Requirements</b>		

A minor is not required for this degree program

**Total Hours** 73

## Footnote

<sup>1</sup> Required for admission to Candidacy as a prerequisite

## General Education Requirements

Code	Title	Hours
<b>Area I – Written Composition</b>		
A. Complete the following:		
EH 101	English Composition I	3
B. Complete the following:		
EH 102	English Composition II	3
<b>Area II – Humanities &amp; Fine Arts</b>		
A. Complete the following:		
CA 110	Public Speaking	3
B. Select one of the following: see footnote table below (p. 3) <sup>1</sup>		
EH 215	Brit Lit before 1785	
EH 216	Brit Lit after 1785	
EH 225	Am Lit before 1865	
EH 226	Am Lit after 1865	
EH 235	World Lit before 1650	
EH 236	World Lit after 1650	
C. Select one of the following:		
ARH 100	Survey of Art	3
ARH 103	Art History I	
ARH 123	Art History II	
ARS 101	Art Appreciation	
DRA 110	Introduction to Theatre	
MUL 101	Introduction to Music	
D. Select three hours of the following:		
AFR 101	Intro to African Amer Studies	
ARH 100	Survey of Art	
ARH 103	Art History I	
ARH 123	Art History II	
ARH 203	Survey of Non-Western Art	
ARS 101	Art Appreciation	
CLA 110	Intro Anc Greek Roman Culture	
DRA 110	Introduction to Theatre	
EH 215	Brit Lit before 1785	
EH 216	Brit Lit after 1785	
EH 225	Am Lit before 1865	
EH 226	Am Lit after 1865	
EH 235	World Lit before 1650	
EH 236	World Lit after 1650	
LG 101	Introductory Latin I	
LG 102	Introductory Latin II	
LG 111	Introductory French I	
LG 112	Introductory French II	
LG 121	Introductory Chinese I	
LG 122	Introductory Chinese II	

LG 131	Introductory Spanish I
LG 132	Introductory Spanish II
LG 141	Intro Classical Greek I
LG 142	Intro Classical Greek II
LG 151	Introductory German I
LG 152	Introductory German II
LG 153	Accelerated Intro German
LG 171	Introductory Russian I
LG 172	Introductory Russian II
LG 173	Accelerated Intro Russian
LG 201	Intermediate Latin I
LG 202	Intermediate Latin II
LG 211	Intermediate French I
LG 212	Intermediate French II
LG 213	Accelerated Inter French - H
LG 221	Intermediate Chinese I
LG 222	Intermediate Chinese II
LG 231	Intermediate Spanish I
LG 232	Intermediate Spanish II
LG 234	Inter Spanish Accel -H
LG 241	Interm Classical Greek I
LG 242	Interm Classical Greek II
LG 251	Intermediate German I
LG 252	Intermediate German II
LG 271	Intermediate Russian I
LG 272	Intermediate Russian II
LG 273	Intensive Second Year Russian
LGS 101	Introductory Japanese I
LGS 102	Introductory Japanese II
LGS 106	Introductory Arabic I
LGS 107	Introductory Arabic II
LGS 110	Intro American Sign Language I
LGS 111	Intro American Sign Lang II
LGS 171	Introductory Korean I
LGS 172	Introductory Korean II
LGS 201	Intermediate Japanese I
LGS 202	Intermediate Japanese II
LGS 206	Intermediate Arabic I
LGS 207	Intermediate Arabic II
LGS 210	Intermediate ASL I
LGS 211	Intermediate ASL II
MUL 101	Introduction to Music
PHL 110	Introduction to Philosophy
PHL 120	Critical Thinking
PHL 121	Introduction to Logic
PHL 131	Introduction to Ethics
PHL 231	Social Ethics
PHL 240	Western Philosophy: Classical
REL 100	Intro to the Study of Religion
REL 200	Old Testament/Hebrew Bible
REL 201	Survey of the New Testament

**Area III – Natural Sciences & Mathematics**

A. Select 3-4 hours from the following:		3-4
MA 110	Finite Mathematics	
MA 112	Precalculus Algebra	
MA 113	Precalculus Trigonometry	
MA 115	Precal Algebra-Trigonometry	
MA 120	Calculus and Its Applications	
B. Select 8-10 hours from the following:		8-10
AN 121 & 121L	Biological Anthropology and Biological Anthropology Lab	
BLY 101 & 101L	Life Science I and Life Science I Laboratory	
or BLY 121 & 121L	General Biology I and General Biology I Lab	
BLY 102 & 102L	Life Science II and Life Science II Lab	
or BLY 122 & 122L	General Biology II and General Biology II Laboratory	
CH 101 & 101L	Survey of Inorg and Org Chem and Survey Inorg-Org Chem Lab	
CH 131 & 131L	General Chemistry I and General Chemistry I Lab	
CH 132 & 132L	General Chemistry II and General Chemistry II Lab	
GEO 101 & 101L	Environmental Geography and Environmental Geography Lab	
GEO 102 & 102L	Earth and the Environment and Earth and the Environment Lab	
GY 111 & 111L	Physical Geology and Physical Geology Lab	
GY 112 & 112L	Earth History and Earth History Lab	
MAS 134 & 134L	Ocean Science and Ocean Science Lab	
PH 101 & 101L	Introduction to Astronomy and Introduction to Astronomy Lab	
PH 104 & 104L	Concepts of Physics and Concepts of Physics Laboratory	
PH 114 & 114L	Physics with Algebra-Trig I and Alg-Trig Based Physics I Lab	
PH 115 & 115L	Physics with Algebra -Trig II and Alg-Trig Based Physics II Lab	
PH 201 & 201L	Calculus-Based Physics I and Calculus-Based Physics I Lab	
PH 202 & 202L	Calculus-Based Physics II and Calculus-Based Physics II Lab	
<b>Area IV – History, Social &amp; Behavioral Sciences see footnote table below (p. 3) <sup>1</sup></b>		
A. Select one of the following:		3
HY 101	HY of Western Civilization I	
HY 102	HY of Western Civilization II	
HY 121	World Civilization I	
HY 122	World Civilization II	
HY 135	US History to 1877	
HY 136	US History since 1877	
B. Complete the following:		6

PSY 120	Introduction to Psychology	
PSY 250	Life Span Development	
C. Select one of the following:		3
AN 100	Intro to Cultural Anthropology	
AN 101	Intro Archaeology-Bio Anthro	
ECO 215	Prin of Microeconomics	
ECO 216	Prin of Macroeconomics	
GEO 114	People, Places, Environment	
GEO 115	World Regional Geography	
HY 101	HY of Western Civilization I	
HY 102	HY of Western Civilization II	
HY 121	World Civilization I	
HY 122	World Civilization II	
HY 135	US History to 1877	
HY 136	US History since 1877	
PSC 130	Intro to US Government	
SY 109	Introductory Sociology	
SY 112	Social Problems	
<b>Area V</b>		
A. Complete the following:		
KIN 100	Concepts of Health and Fitness	3
B. Complete the following:		
PE 101-PE 157		2
<b>Total Hours</b>		<b>46-49</b>

## Footnote

<sup>1</sup> Students must complete a 6 credit hour sequence either in literature (Area II – EH 215 & EH 216, EH 225 & EH 226, or EH 235 & EH 236) or history (Area IV – HY 101 & HY 102 or HY 121 & HY 122 or HY 135 & HY 136)

## Notes:

- The following electives are recommended for Recreational Therapy students, but selections should be made with the advice and approval of the academic advisor:
- EMS 210, IST 201, KIN 380, PSY 416 (requires PSY 220 as a prerequisite), Courses may serve as prerequisites for OT/PT.

## Additional Information

### Candidacy – Recreational Therapy

This major contains a professional component (Candidacy) comprised of upper level courses (300-400 levels), as shown on the graduation plan, and are only available to students who have gained admission to Candidacy.

Admission Requirements for Candidacy – Recreational Therapy:

- Courses: CA 110, EH 101, EH 102, BMD 251, BMD 252, RTH 292, RTH 295
- Hours: 60 credit hours of degree requirements completed
- Minimum Grade Point Averages: 2.20 Major GPA, 2.20 USA GPA

Students should complete a Candidacy application in the CEPS Advising Center (UCOM 3360) the semester before they plan to enroll in Candidacy classes. The advisor, department chairperson, and dean review applications and make the decision to approve, defer, or deny admission.

The decision to defer occurs when requirements are in progress at the time of application and reviewers select to defer with approval pending completion of requirements.

- Courses in Candidacy: RTH 465, RTH 466, RTH 471, RTH 495, SM 483

## Graduation Plan

(120 Total Hours)

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
EH 101	English Composition I (CP)	3
Fine Arts	Area II, C <sup>1</sup>	3
History	Area IV, A <sup>1</sup>	3
KIN 100	Concepts of Health and Fitness	3
Math	Area III, A <sup>1</sup>	3
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
EH 102	English Composition II (CP)	3
CA 110	Public Speaking (CP)	3
Elective	Area V, C <sup>1</sup>	3
RTH 295	Intro to Therapeutic Rec (CP)	3
Science	Area III, B <sup>1</sup>	3
Science Lab	Area III, B <sup>1</sup>	1
<b>Hours</b>		<b>16</b>
<b>Second Year</b>		
<b>Fall</b>		
BMD 251	Human Anatomy & Physiology I (CP)	4
Science	Area III, B <sup>1</sup>	3
Science Lab	Area III, B <sup>1</sup>	1
Literature	Area II, B <sup>1</sup>	3
RTH 298	Practicum in Ther Rec	3
PSY 120	Introduction to Psychology (Area IV, B) <sup>1</sup>	3
<b>Hours</b>		<b>17</b>
<b>Spring</b>		
BMD 252	Human Anatomy & Physiology II	4
Social & Behavioral Sciences	Area IV, C <sup>1</sup>	3
PE 101-PE 157	Area V, B <sup>1</sup>	1
PE 101-PE 157	Area V, B <sup>1</sup>	1
PSY 250	Life Span Development (Area IV, B) <sup>1</sup>	3
RTH 292	Outdoor Recreation-Adventure (CP)	3
<b>Hours</b>		<b>15</b>
<b>Third Year</b>		
<b>Fall</b>		
Humanities and Fine Arts	Area II, D	3
RTH 397	Intergenerational Rec/Wellness (CP)	3
KIN 370	Basic Motor Learning	3
RTH 468	Facilitation Techniques in TR	3
RTH 465	TR Prog Des & Interventions I	3
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
HS 170	First Aid	1
KIN 380	Kinesiology (Recreational Therapy Major Core, B) <sup>1</sup> or Exercise Physiology	3
IST 210	Introduction to Disability (Recreational Therapy Major Core, C) <sup>1</sup> or PE for Atypical Child-Youth	3
Select one of the following:		3
KIN 477	Water Safety Instructor (Recreational Therapy Major Core, D)	

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KIN 231	ARC Lifeguard Training (Recreational Therapy Major Core, D)	
KIN 166	Movement-Rhythms and Dev Act (Recreational Therapy Major Core, D)	
RTH 375	Mgmt in Therapeutic Recreation	3
RTH 466	TR Prog Des & Interventions II	3
<b>Hours</b>		<b>16</b>
<b>Fourth Year</b>		
<b>Fall</b>		
Major Elective	Recreational Therapy Major Core, E	1
RTH 395	Therapeutic Rec Process (W)	3
RTH 471	Evaluation & Research in HKS-W <sup>2</sup>	3
SM 483	Issues in HKS	3
PSY 340	Abnormal Psychology	3
PE 101-PE 157	Area V, B <sup>1</sup>	1
<b>Hours</b>		<b>14</b>
<b>Spring</b>		
RTH 495	Internship in Rec Therapy <sup>2</sup>	12
<b>Hours</b>		<b>12</b>
<b>Total Hours</b>		<b>120</b>

<sup>1</sup> See General Education Requirements

<sup>2</sup> Requires admission to Candidacy

#### Notes:

- (CP) Candidacy Prerequisite
- (W) Writing-Intensive Course