

PERFORMANCE NUTRITION MINOR

Degree Requirements

Code	Title	Hours
Core Requirements (12 credits):		
KIN 263	Intro to Nutrition	3
KIN 363	Sports Nutrition - W	3
KIN 462	Biochemical and Molecular Exer	3
KIN 476	Exercise Physiology	3
Additional credits from the following:		6
KIN 463	Nutrition	
KIN 490	Special Topics	
KIN 494	Directed Studies	
BMD 212	Introduction to Food Science	
BMD 321	Biochemistry I-Molecular Biol	
BMD 322	Biochemistry II-Metabolism	
Total Hours		18

See HKS academic advisor for help with course selection.