

# HEALTH-PHYSICAL ED (BS) - PHYSICAL EDUCATION P-12 AND HEALTH EDUCATION 6-12 TEACHER CERTIFICATION

## Degree Requirements

Code	Title	Hours
<b>General Education Requirements</b>		
Select General Education Requirements (p. 1)		47-50
<b>Major Requirements</b>		
<i>Professional Studies</i>		
A. Complete the following:		
EDM 310	Microcomputing Systems	3
EDU 400	Edu Except Child and Youth	3
EPY 351	Human Growth & Development	3
HS 340	Health in the Sec Classroom (see footnote table below (p. 1)) <sup>1</sup>	3
HS 430	School Lab Exp- Health II (see footnote table below (p. 1)) <sup>1</sup>	0
HS 429	School Lab Experiences-Health (see footnote table below (p. 1)) <sup>1</sup>	0
HS 460	Methods in Health Ed - W (see footnote table below (p. 1)) <sup>1</sup>	3
KIN 351	Sports Skills (see footnote table below (p. 1)) <sup>1</sup>	3
KIN 429	School Lab Experience-PE (see footnote table below (p. 1)) <sup>1</sup>	0
KIN 450	Student Teaching-Hlth and PE (see footnote table below (p. 1)) <sup>1</sup>	9
KIN 452	Methods of Teaching PE-W (see footnote table below (p. 1)) <sup>1</sup>	3
ST 210	Stat Reason and Application	3
<i>Teaching Field</i>		
A. Complete 42 hours from the following:		
Select one of the following:		4
BMD 110	Introduction to A & P I	
BMD 251	Human Anatomy & Physiology I	
Select one of the following:		4
BMD 111	Introduction to A & P II	
BMD 252	Human Anatomy & Physiology II	
HS 170	First Aid	1
KIN 263	Intro to Nutrition	3
HS 361	School Comm Health-Impl Curric	3
HS 362	Drug Education	3
HS 463	Human Sexuality: Health Ed Per	3
KIN 166	Movement-Rhythms and Dev Act	3
KIN 201	Orientation to Kinesiology	3
KIN 370	Basic Motor Learning	3
KIN 380	Kinesiology	3
KIN 461	PE for Atypical Child-Youth	3

KIN 475	Org-Admin Hlth and PE-W	3
KIN 476	Exercise Physiology	3
<b>Minor Requirements</b>		
A minor is not required for this degree program		0
<b>Total Hours</b>		<b>122-125</b>

## Footnote

<sup>1</sup> Requires admission to Candidacy as a prerequisite

## General Education Requirements

Code	Title	Hours
<b>Area I – Written Composition</b>		
A. Complete the following:		
EH 101	English Composition I	3
B. Complete the following:		
EH 102	English Composition II	3
<b>Area II – Humanities &amp; Fine Arts see footnote table below (p. 3)<sup>1</sup></b>		
A. Complete the following:		
CA 110	Public Speaking	3
B. Select one of the following:		
EH 215	Brit Lit before 1785	
EH 216	Brit Lit after 1785	
EH 225	Am Lit before 1865	
EH 226	Am Lit after 1865	
EH 235	World Lit before 1650	
EH 236	World Lit after 1650	
C. Select one of the following:		
ARH 100	Survey of Art	3
ARH 103	Art History I	
ARH 123	Art History II	
ARS 101	Art Appreciation	
DRA 110	Introduction to Theatre	
MUL 101	Introduction to Music	
D. Select three hours of the following:		
AFR 101	Intro to African Amer Studies	3
ARH 100	Survey of Art	
ARH 103	Art History I	
ARH 123	Art History II	
ARS 101	Art Appreciation	
DRA 110	Introduction to Theatre	
EH 215	Brit Lit before 1785	
EH 216	Brit Lit after 1785	
EH 225	Am Lit before 1865	
EH 226	Am Lit after 1865	
EH 235	World Lit before 1650	
EH 236	World Lit after 1650	
LG 101	Introductory Latin I	
LG 102	Introductory Latin II	
LG 111	Introductory French I	
LG 112	Introductory French II	
LG 121	Introductory Chinese I	

LG 122	Introductory Chinese II		
LG 131	Introductory Spanish I		
LG 132	Introductory Spanish II		
LG 141	Intro Classical Greek I		
LG 142	Intro Classical Greek II		
LG 151	Introductory German I		
LG 152	Introductory German II		
LG 153	Accelerated Intro German		
LG 171	Introductory Russian I		
LG 172	Introductory Russian II		
LG 173	Accelerated Intro Russian		
LG 201	Intermediate Latin I		
LG 202	Intermediate Latin II		
LG 211	Intermediate French I		
LG 212	Intermediate French II		
LG 213	Accelerated Inter French - H		
LG 221	Intermediate Chinese I		
LG 222	Intermediate Chinese II		
LG 231	Intermediate Spanish I		
LG 232	Intermediate Spanish II		
LG 234	Inter Spanish Accel -H		
LG 241	Interm Classical Greek I		
LG 242	Interm Classical Greek II		
LG 251	Intermediate German I		
LG 252	Intermediate German II		
LG 271	Intermediate Russian I		
LG 272	Intermediate Russian II		
LG 273	Intensive Second Year Russian		
LGS 101	Introductory Japanese I		
LGS 102	Introductory Japanese II		
LGS 106	Introductory Arabic I		
LGS 107	Introductory Arabic II		
LGS 110	Intro American Sign Language I		
LGS 111	Intro American Sign Lang II		
LGS 171	Introductory Korean I		
LGS 172	Introductory Korean II		
LGS 201	Intermediate Japanese I		
LGS 202	Intermediate Japanese II		
LGS 206	Intermediate Arabic I		
LGS 207	Intermediate Arabic II		
LGS 210	Intermediate ASL I		
LGS 211	Intermediate ASL II		
MUL 101	Introduction to Music		
PHL 110	Introduction to Philosophy		
PHL 120	Critical Thinking		
PHL 121	Introduction to Logic		
PHL 131	Introduction to Ethics		
PHL 231	Social Ethics		
PHL 240	Western Philosophy: Classical		
REL 200	Old Testament/Hebrew Bible		
REL 201	Survey of the New Testament		
<b>Area III – Natural Sciences &amp; Mathematics</b>			
		A. Select 3-4 hours from the following:	3-4
		MA 110	Finite Mathematics
		MA 112	Precalculus Algebra
		MA 113	Precalculus Trigonometry
		MA 115	Precal Algebra-Trigonometry
		MA 120	Calculus and Its Applications
		MA 125	Calculus I
		MA 126	Calculus II
		MA 227	Calculus III
		MA 237	Linear Algebra I
		MA 238	Differential Equations I
		B. Select 8-10 hours from the following:	8-10
		BLY 101	Life Science I
		& 101L	and Life Science I Laboratory (see footnote table below (p. 3)) <sup>2</sup>
		or BLY 121	General Biology I
		& 121L	and General Biology I Lab
		BLY 102	Life Science II
		& 102L	and Life Science II Lab (see footnote table below (p. 3)) <sup>2</sup>
		or BLY 122	General Biology II
		& 122L	and General Biology II Laboratory
		CH 101	Survey of Inorg and Org Chem
		& 101L	and Survey Inorg-Org Chem Lab
		CH 131	General Chemistry I
		& 131L	and General Chemistry I Lab
		CH 132	General Chemistry II
		& 132L	and General Chemistry II Lab
		GEO 101	Environmental Geography
		& 101L	and Environmental Geography Lab
		GEO 102	Earth and the Environment
		& 102L	and Earth and the Environment Lab
		GY 111	Physical Geology
		& 111L	and Physical Geology Lab
		GY 112	Earth History
		& 112L	and Earth History Lab
		PH 101	Introduction to Astronomy
		& 101L	and Introduction to Astronomy Lab
		PH 104	Concepts of Physics
		& 104L	and Concepts of Physics Laboratory
		PH 114	Physics with Algebra-Trig I
		& 114L	and Alg-Trig Based Physics I Lab
		PH 115	Physics with Algebra -Trig II
		& 115L	and Alg-Trig Based Physics II Lab
		PH 201	Calculus-Based Physics I
		& 201L	and Calculus-Based Physics I Lab
		PH 202	Calculus-Based Physics II
		& 202L	and Calculus-Based Physics II Lab
<b>Area IV – History, Social &amp; Behavioral Sciences see footnote table below (p. 3)<sup>1</sup></b>			
		A. Select one of the following:	3
		HY 101	HY of Western Civilization I
		HY 102	HY of Western Civilization II
		HY 121	World Civilization I
		HY 122	World Civilization II

HY 135	US History to 1877
HY 136	US History since 1877
<b>B. Select three of the following: 9</b>	
AN 100	Intro to Cultural Anthropology
AN 101	Intro Archaeology-Bio Anthro
ECO 215	Prin of Microeconomics
ECO 216	Prin of Macroeconomics
GEO 114	People, Places, Environment
GEO 115	World Regional Geography
HY 101	HY of Western Civilization I
HY 102	HY of Western Civilization II
HY 121	World Civilization I
HY 122	World Civilization II
HY 135	US History to 1877
HY 136	US History since 1877
PSC 130	Intro to US Government
PSY 120	Introduction to Psychology
PSY 250	Life Span Development
SY 109	Introductory Sociology
SY 112	Social Problems

**Area V**

A. Complete the following:		
KIN 100	Concepts of Health and Fitness	3
B. Complete the following:		
HS 262	Personal Health	3
<b>Total Hours</b>		<b>47-50</b>

**Footnote**

- <sup>1</sup> Students must complete a 6 credit hour sequence either in literature (Area II – EH 215 & EH 216, EH 225 & EH 226, or EH 235 & EH 236) or history (Area IV – HY 101 & HY 102 or HY 121 & HY 122 or HY 135 & HY 136).
- <sup>2</sup> Recommended Course

**Additional Information**  
**E-portfolio and Assessment**

Students enrolled in education classes are required to purchase a LiveText membership.

- <https://www.southalabama.edu/colleges/ceps/livetext.html>

**Teacher Candidacy – Merged Health and Physical Education**

This major contains a professional component comprised of upper level courses (300-400 levels), as shown on the graduation plan, and are only available to students who have gained admission to Teacher Candidacy.

Admission Requirements for Teacher Candidacy:

Courses and GPA

- Courses: BMD 110 or BMD 251, CA 110, EDM 310, EDU 400, EPY 351, EH 101, EH 102, HS 170, HS 262, KIN 263, KIN 100, and KIN 201
- Hours: 60 credit hours of degree requirements completed
- Minimum Grade Point Averages: 2.5 Program, 2.5 Professional Studies, 2.5 Teaching Field, and 2.5 USA GPA (all GPAs found in

degree audit). No grade below a "C" is accepted in Professional Studies.

ALSDE Background Check

- [https://www.alsde.edu/sec/ec/Pages/background\\_clearance-all.aspx](https://www.alsde.edu/sec/ec/Pages/background_clearance-all.aspx)

Application, Liability Insurance, and Interview

- Completed and scheduled in the UCOM Advising Center during the semester prior to beginning Teacher Candidacy

Prerequisites and Certification/Graduation Requirements:

- While in Teacher Candidacy, students must maintain GPAs at or above admission requirement levels
- Prior to Internship, students must pass the Health and Physical Education Praxis tests [https://www.ets.org/praxis/al/al\\_teacher\\_ed/](https://www.ets.org/praxis/al/al_teacher_ed/)
- Prior to certification and graduation, students must pass edTPA

**Note: Praxis tests requirements are subject to change as prescribed by the ALSDE. Prior to registering for any Praxis exam, please verify current requirements by going directly to the ALABAMA portion of the ETS Praxis website at <http://ets.org/praxis/al> (<http://ets.org/praxis/al/>).**

**Graduation Plan**

(122 Total Hours)

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
EH 101	English Composition I (CP)	3
CA 110	Public Speaking (CP)	3
KIN 100	Concepts of Health and Fitness (CP)	3
Math	Area III, A <sup>1</sup>	3
BLY 101	Life Science I (Area III, B) <sup>1,2</sup>	3
BLY 101L	Life Science I Laboratory (Area III, B) <sup>1,2</sup>	1
<b>Hours</b>		<b>16</b>
<b>Spring</b>		
EH 102	English Composition II (CP)	3
KIN 263	Intro to Nutrition	3
KIN 166	Movement-Rhythms and Dev Act	3
KIN 201	Orientation to Kinesiology (CP)	3
Science	Area III, B <sup>1</sup>	3
Science Lab	Area III, B <sup>1</sup>	1
<b>Hours</b>		<b>16</b>
<b>Second Year</b>		
<b>Fall</b>		
EDM 310	Microcomputing Systems (CP)	3
Select one of the following:		4
BMD 110	Introduction to A & P I (CP)	
BMD 251	Human Anatomy & Physiology I (CP)	
HS 262	Personal Health (CP)	3
HS 361	School Comm Health-ImpI Curric	3
Literature	Area II, B <sup>1</sup>	3
<b>Hours</b>		<b>16</b>
<b>Spring</b>		
Select one of the following:		4
BMD 111	Introduction to A & P II	
BMD 252	Human Anatomy & Physiology II	
EDU 400	Edu Except Child and Youth (CP)	3
EPY 351	Human Growth & Development (CP)	3
KIN 351	Sports Skills	3

History	Area IV, A <sup>1</sup>	3
<b>Hours</b>		<b>16</b>
<b>Third Year</b>		
<b>Fall</b>		
ST 210	Stat Reason and Application	3
Humanities & Fine Arts	Area II, D <sup>1</sup>	3
HS 170	First Aid	1
Social & Behavioral Sciences	Area IV, B <sup>1</sup>	3
KIN 475	Org-Admin Hlth and PE-W	3
HS 340	Health in the Sec Classroom <sup>3</sup>	3
HS 430	School Lab Exp- Health II <sup>3</sup>	0
<b>Hours</b>		<b>16</b>
<b>Spring</b>		
HS 429	School Lab Experiences-Health <sup>3</sup>	0
HS 460	Methods in Health Ed - W <sup>3</sup>	3
KIN 380	Kinesiology	3
KIN 370	Basic Motor Learning	3
KIN 461	PE for Atypical Child-Youth	3
Social & Behavioral Sciences	Area IV, B <sup>1</sup>	3
<b>Hours</b>		<b>15</b>
<b>Summer</b>		
HS 463	Human Sexuality: Health Ed Per	3
<b>Hours</b>		<b>3</b>
<b>Fourth Year</b>		
<b>Fall</b>		
HS 362	Drug Education	3
KIN 476	Exercise Physiology	3
KIN 429	School Lab Experience-PE <sup>3</sup>	0
KIN 452	Methods of Teaching PE-W <sup>3</sup>	3
Social & Behavioral Sciences	Area IV, B <sup>1</sup>	3
Fine Arts	Area II, C <sup>1</sup>	3
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
KIN 450	Student Teaching-Hlth and PE	9
<b>Hours</b>		<b>9</b>
<b>Total Hours</b>		<b>122</b>

<sup>1</sup> See General Education Requirements

<sup>2</sup> Recommended Course

<sup>3</sup> Required for admission to Candidacy

**Notes:**

- (CP) Candidacy Prerequisite
- (W) Writing-Intensive Course