

HEALTH (BS) - HEALTH PROMOTION

Degree Requirements

Code	Title	Hours
General Education Requirements		
Select General Education Requirements (p. 1)		48-51
Major Requirements		
<i>Professional Studies Core</i>		
A. Complete the following:		
KIN 381	Eval and Measurement in HPE (see footnote table below (p. 1)) ¹	3
KIN 475	Org-Admin Hlth and PE-W	3
KIN 495	Internship (see footnote table below (p. 1)) ¹	9
B. Complete the following:		
RTH 471	Evaluation & Research in HKS-W (see footnote table below (p. 1)) ¹	3
or SM 472	Legal Issues in Sports/Rec - W	
<i>Health Promotion Major Core</i>		
A. Complete the following:		
Select one from the following:		4
BMD 110	Introduction to A & P I	
BMD 251	Human Anatomy & Physiology I	
Select one from the following:		4
BMD 111	Introduction to A & P II	
BMD 252	Human Anatomy & Physiology II	
HS 170	First Aid	1
HS 262	Personal Health	3
KIN 263	Intro to Nutrition	3
HS 351	Safety Education	3
HS 361	School Comm Health-Impl Curric	3
HS 362	Drug Education	3
HS 463	Human Sexuality: Health Ed Per	3
HS 475	Public Health	3
KIN 201	Orientation to Kinesiology	3
KIN 278	Sport and Human Behavior	3
B. Select one of the following:		3
KIN 380	Kinesiology	
KIN 474	Sport and Fitness Conditioning	
KIN 476	Exercise Physiology	
C. Select one of the following:		3
KIN 461	PE for Atypical Child-Youth	
IST 210	Introduction to Disability	
SPE 400	Edu for Except Child and Youth	
D. ACC, BLY, BMD, BUS, CH, CLS, ECO, EMS, FIN, HS, KIN 231 - KIN 499, 12 MA, MGT, MKT, PH, PSY, RTH, SM, ST, or SY		
Minor Requirements		
A minor is not required for this degree program		0
Total Hours		120-123

Footnote

¹ Requires admission to Candidacy as a prerequisite.

General Education Requirements

Code	Title	Hours
Area I – Written Composition		
A. Complete the following:		
EH 101	English Composition I	3
B. Complete the following:		
EH 102	English Composition II	3
Area II – Humanities & Fine Arts		
A. Complete the following:		
CA 110	Public Speaking	3
B. Select one of the following: see footnote table below (p. 3) ¹		
EH 215	Brit Lit before 1785	
EH 216	Brit Lit after 1785	
EH 225	Am Lit before 1865	
EH 226	Am Lit after 1865	
EH 235	World Lit before 1650	
EH 236	World Lit after 1650	
C. Select one of the following:		3
ARH 100	Survey of Art	
ARH 103	Art History I	
ARH 123	Art History II	
ARS 101	Art Appreciation	
DRA 110	Introduction to Theatre	
MUL 101	Introduction to Music	
D. Select three hours of the following:		3
AFR 101	Intro to African Amer Studies	
ARH 100	Survey of Art	
ARH 103	Art History I	
ARH 123	Art History II	
ARH 203	Survey of Non-Western Art	
ARS 101	Art Appreciation	
CLA 110	Intro Anc Greek Roman Culture	
DRA 110	Introduction to Theatre	
EH 215	Brit Lit before 1785	
EH 216	Brit Lit after 1785	
EH 225	Am Lit before 1865	
EH 226	Am Lit after 1865	
EH 235	World Lit before 1650	
EH 236	World Lit after 1650	
LG 101	Introductory Latin I	
LG 102	Introductory Latin II	
LG 111	Introductory French I	
LG 112	Introductory French II	
LG 121	Introductory Chinese I	
LG 122	Introductory Chinese II	
LG 131	Introductory Spanish I	
LG 132	Introductory Spanish II	
LG 141	Intro Classical Greek I	

LG 142	Intro Classical Greek II
LG 151	Introductory German I
LG 152	Introductory German II
LG 153	Accelerated Intro German
LG 171	Introductory Russian I
LG 172	Introductory Russian II
LG 173	Accelerated Intro Russian
LG 201	Intermediate Latin I
LG 202	Intermediate Latin II
LG 211	Intermediate French I
LG 212	Intermediate French II
LG 213	Accelerated Inter French - H
LG 221	Intermediate Chinese I
LG 222	Intermediate Chinese II
LG 231	Intermediate Spanish I
LG 232	Intermediate Spanish II
LG 234	Inter Spanish Accel -H
LG 241	Interm Classical Greek I
LG 242	Interm Classical Greek II
LG 251	Intermediate German I
LG 252	Intermediate German II
LG 271	Intermediate Russian I
LG 272	Intermediate Russian II
LG 273	Intensive Second Year Russian
LGS 101	Introductory Japanese I
LGS 102	Introductory Japanese II
LGS 106	Introductory Arabic I
LGS 107	Introductory Arabic II
LGS 110	Intro American Sign Language I
LGS 111	Intro American Sign Lang II
LGS 171	Introductory Korean I
LGS 172	Introductory Korean II
LGS 201	Intermediate Japanese I
LGS 202	Intermediate Japanese II
LGS 206	Intermediate Arabic I
LGS 207	Intermediate Arabic II
LGS 210	Intermediate ASL I
LGS 211	Intermediate ASL II
MUL 101	Introduction to Music
PHL 110	Introduction to Philosophy
PHL 120	Critical Thinking
PHL 121	Introduction to Logic
PHL 131	Introduction to Ethics
PHL 231	Social Ethics
PHL 240	Western Philosophy: Classical
REL 100	Intro to the Study of Religion
REL 200	Old Testament/Hebrew Bible
REL 201	Survey of the New Testament

Area III – Natural Sciences & Mathematics

A. Select 3-4 hours from the following: 3-4

MA 110	Finite Mathematics
MA 112	Precalculus Algebra

MA 113	Precalculus Trigonometry
MA 115	Precal Algebra-Trigonometry
MA 120	Calculus and Its Applications
MA 125	Calculus I
MA 126	Calculus II
MA 227	Calculus III
MA 237	Linear Algebra I
MA 238	Differential Equations I
B. Select 8-10 hours from the following: 8-10	
AN 121 & 121L	Biological Anthropology and Biological Anthropology Lab
BLY 101 & 101L	Life Science I and Life Science I Laboratory
or BLY 121 & 121L	General Biology I and General Biology I Lab
BLY 102 & 102L	Life Science II and Life Science II Lab
or BLY 122 & 122L	General Biology II and General Biology II Laboratory
CH 101 & 101L	Survey of Inorg and Org Chem and Survey Inorg-Org Chem Lab
CH 131 & 131L	General Chemistry I and General Chemistry I Lab
CH 132 & 132L	General Chemistry II and General Chemistry II Lab
GEO 101 & 101L	Environmental Geography and Environmental Geography Lab
GEO 102 & 102L	Earth and the Environment and Earth and the Environment Lab
GY 111 & 111L	Physical Geology and Physical Geology Lab
GY 112 & 112L	Earth History and Earth History Lab
MAS 134 & 134L	Ocean Science and Ocean Science Lab
PH 101 & 101L	Introduction to Astronomy and Introduction to Astronomy Lab
PH 104 & 104L	Concepts of Physics and Concepts of Physics Laboratory
PH 114 & 114L	Physics with Algebra-Trig I and Alg-Trig Based Physics I Lab
PH 115 & 115L	Physics with Algebra -Trig II and Alg-Trig Based Physics II Lab
PH 201 & 201L	Calculus-Based Physics I and Calculus-Based Physics I Lab
PH 202 & 202L	Calculus-Based Physics II and Calculus-Based Physics II Lab

Area IV – History, Social & Behavioral Sciences see footnote table below (p. 3) ¹

A. Select one of the following: 3

HY 101	HY of Western Civilization I
HY 102	HY of Western Civilization II
HY 121	World Civilization I
HY 122	World Civilization II
HY 135	US History to 1877

HY 136	US History since 1877	
B. Select three of the following:		9
AN 100	Intro to Cultural Anthropology	
AN 101	Intro Archaeology-Bio Anthro	
CA 100	Intro to Communication	
CA 211	Interpersonal Comm	
CJ 105	Introduction to Criminal Justice	
ECO 215	Prin of Microeconomics	
ECO 216	Prin of Macroeconomics	
GEO 114	People, Places, Environment	
GEO 115	World Regional Geography	
GS 101	Intro to Gender Studies	
HY 101	HY of Western Civilization I	
HY 102	HY of Western Civilization II	
HY 121	World Civilization I	
HY 122	World Civilization II	
HY 135	US History to 1877	
HY 136	US History since 1877	
IS 100	Global Issues	
IST 201	Seasons of Life	
NAS 101	Intro Native American Studies	
PSC 130	Intro to US Government	
PSY 120	Introduction to Psychology	
PSY 250	Life Span Development	
SY 109	Introductory Sociology	
SY 112	Social Problems	

Area V

A. Complete the following:		
KIN 100	Concepts of Health and Fitness	3
B. Complete the following:		
PE 101 - PE 157		1
C. Select one of the following:		3
CIS 150	Intro to Computer Applications	
EDM 310	Microcomputing Systems	
Elective with passing Computer Proficiency Exam - CIS 010		

Total Hours 48-51

Footnote

¹ Students must complete a 6 credit hour sequence either in literature (Area II – EH 215 & EH 216, EH 225 & EH 226, or EH 235 & EH 236) or history (Area IV – HY 101 & HY 102 or HY 121 & HY 122 or HY 135 & HY 136)

Additional Information

Candidacy – Health Promotion

This major contains a professional component (Candidacy) comprised of upper level courses (300-400 levels), as shown on the graduation plan, and are only available to students who have gained admission to Candidacy.

Admission Requirements for Candidacy – Health:

- Courses: BMD 110 or BMD 251, BMD 111 or BMD 252, CA 110, EH 101, EH 102, HS 170, HS 262, KIN 263, KIN 100, and KIN 201

- Hours: 60 credit hours of degree requirements completed
- Minimum Grade Point Averages: 2.20 Major GPA, 2.20 USA GPA

Students should complete a Candidacy application in the CEPS Advising Center (UCOM 3360) the semester before they plan to enroll in Candidacy classes. The advisor, department chairperson, and dean review applications and make the decision to approve, defer, or deny admission. The decision to defer occurs when requirements are in progress at the time of application and reviewers select to defer with approval pending completion of requirements.

- Courses in Candidacy: KIN 381, RTH 471 (W), SM 472 (W), KIN 495

Graduation Plan

(120 Total Hours)

Course	Title	Hours
First Year		
Fall		
EH 101	English Composition I (CP)	3
BLY 101	Life Science I (Area III, B) ^{1,2}	3
BLY 101L	Life Science I Laboratory (Area III, B) ^{1,2}	1
KIN 100	Concepts of Health and Fitness	3
Math	Area III, A ²	3
Fine Arts	Area II, C ²	3
Hours		16
Spring		
EH 102	English Composition II (CP)	3
CA 110	Public Speaking (CP)	3
KIN 201	Orientation to Kinesiology (CP)	3
History	Area IV, A ²	3
Science	Area III, B ²	3
Science Lab	Area III, B ²	1
Hours		16
Second Year		
Fall		
Select one of the following:		4
BMD 110	Introduction to A & P I (CP)	
BMD 251	Human Anatomy & Physiology I (CP)	
HS 170	First Aid (CP)	1
HS 262	Personal Health (CP)	3
Literature	Area II, B ²	3
PE 101 - PE 157	PE activity course	1
PSY 120	Introduction to Psychology (Area IV, B) ^{1,2}	3
Hours		15
Spring		
Select one of the following:		4
BMD 111	Introduction to A & P II (CP)	
BMD 252	Human Anatomy & Physiology II (CP)	
KIN 263	Intro to Nutrition	3
Humanities & Fine Arts	Area II, D ²	3
Social & Behavioral	Area IV, B ²	3
Sciences		
SY 109	Introductory Sociology (Area IV, B) ^{1,2}	3
Hours		16
Third Year		
Fall		
KIN 278	Sport and Human Behavior	3
Health Major Elective	Health Major Core, D ²	3
Health Major Elective	Health Major Core, D ²	3
CIS/Elective	Area V, C ²	3
Select one of the following:		3

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KIN 380	Kinesiology (Health Major Core, B) ²	
KIN 474	Sport and Fitness Conditioning (Health Major Core, B) ²	
KIN 476	Exercise Physiology (Health Major Core, B) ²	
Hours		15
Spring		
Health Major Elective	Health Major Core, D ²	3
HS 362	Drug Education	3
HS 351	Safety Education	3
KIN 381	Eval and Measurement in HPE ³	3
Select one of the following:		3
KIN 461	PE for Atypical Child-Youth (Health Major Core, C) ^{2,3}	
SPE 400	Edu for Except Child and Youth (Health Major Core, C) ^{2,3}	
IST 210	Introduction to Disability (Health Major Core, C) ^{2,3}	
Hours		15
Summer		
HS 463	Human Sexuality: Health Ed Per	3
HS 475	Public Health	3
Hours		6
Fourth Year		
Fall		
Health Major Elective	Health Major Core, D ²	3
HS 361	School Comm Health-Impl Curric	3
RTH 471 or SM 472	Evaluation & Research in HKS-W (Professional Studies Core, B) ² or Legal Issues in Sports/Rec - W	3
KIN 475	Org-Admin Hlth and PE-W ³	3
Hours		12
Spring		
KIN 495	Internship	9
Hours		9
Total Hours		120

¹ Recommended Course

² See General Education Requirements

³ Required for admission to Candidacy

Notes

- (CP) Candidacy Prerequisite
- (W) Writing-Intensive Course