

# HEALTH (BS) - HEALTH EDUCATION 6-12 TEACHER CERTIFICATION

## Degree Requirements

Code	Title	Hours
<b>General Education Requirements</b>		
Select General Education Requirements (p. 1)		45-48
<b>Major Requirements</b>		
<i>Professional Studies</i>		
A. Complete the following:		
EDM 310	Microcomputing Systems	3
EDU 400	Edu Except Child and Youth	3
EPY 351	Human Growth & Development	3
EDU 363	Tchg Adpive Cur Thru Beh/Clsrm (see footnote table below (p. 1)) <sup>1</sup>	3
HS 340	Health in the Sec Classroom (see footnote table below (p. 1)) <sup>1</sup>	3
HS 430	School Lab Exp- Health II (see footnote table below (p. 1)) <sup>1</sup>	0
HS 429	School Lab Experiences-Health (see footnote table below (p. 1)) <sup>1</sup>	3
HS 460	Methods in Health Ed - W (see footnote table below (p. 1)) <sup>1</sup>	3
KIN 460	Student Teaching Secondary (see footnote table below (p. 1)) <sup>1</sup>	6
ST 210	Stat Reason and Application	3
<i>Teaching Field</i>		
A. Complete the following:		
Select one from the following:		4
BMD 110	Introduction to A & P I	
BMD 251	Human Anatomy & Physiology I	
Select one from the following:		4
BMD 111	Introduction to A & P II	
BMD 252	Human Anatomy & Physiology II	
HS 170	First Aid	1
HS 262	Personal Health	3
KIN 263	Intro to Nutrition	3
HS 351	Safety Education	3
HS 361	School Comm Health-Impl Curric	3
HS 362	Drug Education	3
HS 463	Human Sexuality: Health Ed Per	3
KIN 201	Orientation to Kinesiology	3
KIN 475	Org-Admin Hlth and PE-W	3
B. Select one from the following:		3
KIN 380	Kinesiology	
KIN 474	Sport and Fitness Conditioning	
KIN 476	Exercise Physiology	
C. Select nine hours from 300-499 Elective HS or KIN		9
<b>Minor Requirements</b>		

A minor is not required for this degree program 0

**Total Hours** 120-123

## Footnote

<sup>1</sup> Requires admission to Candidacy as a prerequisite.

## General Education Requirements

Code	Title	Hours
<b>Area I – Written Composition</b>		
A. Complete the following:		
EH 101	English Composition I	3
B. Complete the following:		
EH 102	English Composition II	3
<b>Area II – Humanities &amp; Fine Arts</b>		
A. Complete the following:		
CA 110	Public Speaking	3
B. Select one of the following: see footnote table below (p. 3) <sup>1</sup>		
EH 215	Brit Lit before 1785	
EH 216	Brit Lit after 1785	
EH 225	Am Lit before 1865	
EH 226	Am Lit after 1865	
EH 235	World Lit before 1650	
EH 236	World Lit after 1650	
C. Select one of the following:		
ARH 100	Survey of Art	
ARH 103	Art History I	
ARH 123	Art History II	
ARS 101	Art Appreciation	
DRA 110	Introduction to Theatre	
MUL 101	Introduction to Music	
D. Select one of the following:		
AFR 101	Intro to African Amer Studies	
ARH 100	Survey of Art	
ARH 103	Art History I	
ARH 123	Art History II	
ARS 101	Art Appreciation	
DRA 110	Introduction to Theatre	
EH 215	Brit Lit before 1785	
EH 216	Brit Lit after 1785	
EH 225	Am Lit before 1865	
EH 226	Am Lit after 1865	
EH 235	World Lit before 1650	
EH 236	World Lit after 1650	
LG 101	Introductory Latin I	
LG 102	Introductory Latin II	
LG 111	Introductory French I	
LG 112	Introductory French II	
LG 121	Introductory Chinese I	
LG 122	Introductory Chinese II	
LG 131	Introductory Spanish I	
LG 132	Introductory Spanish II	

LG 141	Intro Classical Greek I	
LG 142	Intro Classical Greek II	
LG 151	Introductory German I	
LG 152	Introductory German II	
LG 153	Accelerated Intro German	
LG 171	Introductory Russian I	
LG 172	Introductory Russian II	
LG 173	Accelerated Intro Russian	
LG 201	Intermediate Latin I	
LG 202	Intermediate Latin II	
LG 211	Intermediate French I	
LG 212	Intermediate French II	
LG 213	Accelerated Inter French - H	
LG 221	Intermediate Chinese I	
LG 222	Intermediate Chinese II	
LG 231	Intermediate Spanish I	
LG 232	Intermediate Spanish II	
LG 234	Inter Spanish Accel -H	
LG 241	Interm Classical Greek I	
LG 242	Interm Classical Greek II	
LG 251	Intermediate German I	
LG 252	Intermediate German II	
LG 271	Intermediate Russian I	
LG 272	Intermediate Russian II	
LG 273	Intensive Second Year Russian	
LGS 101	Introductory Japanese I	
LGS 102	Introductory Japanese II	
LGS 106	Introductory Arabic I	
LGS 107	Introductory Arabic II	
LGS 110	Intro American Sign Language I	
LGS 111	Intro American Sign Lang II	
LGS 171	Introductory Korean I	
LGS 172	Introductory Korean II	
LGS 201	Intermediate Japanese I	
LGS 202	Intermediate Japanese II	
LGS 206	Intermediate Arabic I	
LGS 207	Intermediate Arabic II	
LGS 210	Intermediate ASL I	
LGS 211	Intermediate ASL II	
MUL 101	Introduction to Music	
PHL 110	Introduction to Philosophy	
PHL 120	Critical Thinking	
PHL 121	Introduction to Logic	
PHL 131	Introduction to Ethics	
PHL 231	Social Ethics	
PHL 240	Western Philosophy: Classical	
REL 200	Old Testament/Hebrew Bible	
REL 201	Survey of the New Testament	
<b>Area III – Natural Sciences &amp; Mathematics</b>		
A. Select 3-4 hours from the following:		3-4
MA 110	Finite Mathematics	
MA 112	Precalculus Algebra	
MA 113	Precalculus Trigonometry	
MA 115	Precal Algebra-Trigonometry	
MA 120	Calculus and Its Applications	
MA 125	Calculus I	
MA 126	Calculus II	
MA 227	Calculus III	
MA 237	Linear Algebra I	
MA 238	Differential Equations I	
B. Select 8-10 hours from the following:		8-10
BLY 101 & 101L	Life Science I and Life Science I Laboratory	
or BLY 121 & 121L	General Biology I and General Biology I Lab	
BLY 102 & 102L	Life Science II and Life Science II Lab	
or BLY 122 & 122L	General Biology II and General Biology II Laboratory	
CH 101 & 101L	Survey of Inorg and Org Chem and Survey Inorg-Org Chem Lab	
CH 131 & 131L	General Chemistry I and General Chemistry I Lab	
CH 132 & 132L	General Chemistry II and General Chemistry II Lab	
GEO 101 & 101L	Environmental Geography and Environmental Geography Lab	
GEO 102 & 102L	Earth and the Environment and Earth and the Environment Lab	
GY 111 & 111L	Physical Geology and Physical Geology Lab	
GY 112 & 112L	Earth History and Earth History Lab	
PH 101 & 101L	Introduction to Astronomy and Introduction to Astronomy Lab	
PH 104 & 104L	Concepts of Physics and Concepts of Physics Laboratory	
PH 114 & 114L	Physics with Algebra-Trig I and Alg-Trig Based Physics I Lab	
PH 115 & 115L	Physics with Algebra -Trig II and Alg-Trig Based Physics II Lab	
PH 201 & 201L	Calculus-Based Physics I and Calculus-Based Physics I Lab	
PH 202 & 202L	Calculus-Based Physics II and Calculus-Based Physics II Lab	
<b>Area IV – History, Social &amp; Behavioral Sciences see footnote table below (p. 3) <sup>1</sup></b>		
A. Select one of the following:		3
HY 101	HY of Western Civilization I	
HY 102	HY of Western Civilization II	
HY 121	World Civilization I	
HY 122	World Civilization II	
HY 135	US History to 1877	
HY 136	US History since 1877	
B. Select three of the following:		9
AN 100	Intro to Cultural Anthropology	
AN 101	Intro Archaeology-Bio Anthro	

ECO 215	Prin of Microeconomics
ECO 216	Prin of Macroeconomics
GEO 114	People, Places, Environment
GEO 115	World Regional Geography
GS 101	Intro to Gender Studies
HY 101	HY of Western Civilization I
HY 102	HY of Western Civilization II
HY 121	World Civilization I
HY 122	World Civilization II
HY 135	US History to 1877
HY 136	US History since 1877
PSC 130	Intro to US Government
PSY 120	Introduction to Psychology
PSY 250	Life Span Development
SY 109	Introductory Sociology
SY 112	Social Problems

**Area V**

A. Complete the following:		
KIN 100	Concepts of Health and Fitness	3
B. Complete the following:		
PE 101 - PE 157		1
<b>Total Hours</b>		<b>45-48</b>

**Footnote**

<sup>1</sup> Students must complete a 6 credit hour sequence either in literature (Area II – EH 215 & EH 216, EH 225 & EH 226, or EH 235 & EH 236) or history (Area IV – HY 101 & HY 102 or HY 121 & HY 122 or HY 135 & HY 136).

**Additional Information**

**E-portfolio and Assessment**

Students enrolled in education classes are required to purchase a LiveText membership.

- <https://www.southalabama.edu/colleges/ceps/livetext.html>

**Teacher Candidacy – Health Education**

This major contains a professional component comprised of upper level courses (300-400 levels), as shown on the graduation plan, and are only available to students who have gained admission to Teacher Candidacy.

Admission Requirements for Teacher Candidacy:

Courses and GPA

- Courses: BMD 110 or BMD 251; CA 110, EDM 310, EDU 400, EPY 351, EH 101, EH 102, HS 170, HS 262, KIN 263, KIN 100, and KIN 201
- Hours: 60 credit hours of degree requirements completed
- Minimum Grade Point Averages: 2.5 Program, 2.5 Professional Studies, 2.5 Teaching Field, and 2.5 USA GPA (all GPAs found in degree audit). No grade below a “C” is accepted in Professional Studies.

ALSDE Background Check

- [https://www.alsde.edu/sec/ec/Pages/background\\_clearance-all.aspx](https://www.alsde.edu/sec/ec/Pages/background_clearance-all.aspx)

Application, Liability Insurance, and Interview

- Completed and scheduled in the UCOM Advising Center during the semester prior to beginning Teacher Candidacy

Prerequisites and Certification/Graduation Requirements:

- While in Teacher Candidacy, students must maintain GPAs at or above admission requirement levels
- Prior to Internship, students must pass the Health Education Praxis [https://www.ets.org/praxis/al/al\\_teacher\\_ed/](https://www.ets.org/praxis/al/al_teacher_ed/)
- Prior to certification and graduation, students must pass edTPA

**Note:** Praxis tests requirements are subject to change as prescribed by the ALSDE. Prior to registering for any Praxis exam, please verify current requirements by going directly to the ALABAMA portion of the ETS Praxis website at <http://ets.org/praxis/al> (<http://ets.org/praxis/al/>).

**Graduation Plan**

(120 Total Hours)

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
EH 101	English Composition I (CP)	3
HS 170	First Aid (CP)	1
HS 262	Personal Health (CP)	3
KIN 100	Concepts of Health and Fitness (CP)	3
Math	Area III, A <sup>1</sup>	3
Social & Behavioral Sciences	Area IV, B <sup>1</sup>	3
<b>Hours</b>		<b>16</b>
<b>Spring</b>		
EH 102	English Composition II (CP)	3
CA 110	Public Speaking (CP)	3
KIN 201	Orientation to Kinesiology (CP)	3
History	Area IV, A <sup>1</sup>	3
BLY 101	Life Science I (Area III, B) <sup>1,2</sup>	3
BLY 101L	Life Science I Laboratory (Area III, B) <sup>1,2</sup>	1
<b>Hours</b>		<b>16</b>
<b>Second Year</b>		
<b>Fall</b>		
EDM 310	Microcomputing Systems (CP)	3
KIN 263	Intro to Nutrition	3
HS 361	School Comm Health-Impl Curric	3
Science	Area III, B <sup>1</sup>	3
Science Lab	Area III, B <sup>1</sup>	1
Social & Behavioral Sciences	Area IV, B <sup>1</sup>	3
<b>Hours</b>		<b>16</b>
<b>Spring</b>		
Select one of the following:		4
BMD 110	Introduction to A & P I (CP)	
BMD 251	Human Anatomy & Physiology I (CP)	
EDU 400	Edu Except Child and Youth (CP)	3
EPY 351	Human Growth & Development (CP)	3
Social & Behavioral Sciences	Area IV, B <sup>1</sup>	3
Literature	Area II, B <sup>1</sup>	3
<b>Hours</b>		<b>16</b>
<b>Third Year</b>		
<b>Fall</b>		
ST 210	Stat Reason and Application	3

4 Health (BS) - Health Education 6-12 Teacher Certification

HS 340	Health in the Sec Classroom <sup>3</sup>	3
Select one of the following:		4
BMD 111	Introduction to A & P II	
BMD 252	Human Anatomy & Physiology II	
Humanities & Fine Arts	Area II, D <sup>1</sup>	3
Teaching Field Elective 300-499	Teaching Field, C <sup>1</sup>	3
HS 430	School Lab Exp- Health II <sup>3</sup>	0
<b>Hours</b>		<b>16</b>
<b>Spring</b>		
Teaching Field Elective 300-499	Teaching Field, C <sup>1</sup>	3
Fine Art	Area II, C <sup>1</sup>	3
HS 429	School Lab Experiences-Health <sup>3</sup>	0
HS 460	Methods in Health Ed - W <sup>3</sup>	3
HS 362	Drug Education	3
HS 351	Safety Education	3
PE 101- PE 157	PE Activity Course	1
<b>Hours</b>		<b>16</b>
<b>Summer</b>		
HS 463	Human Sexuality: Health Ed Per	3
<b>Hours</b>		<b>3</b>
<b>Fourth Year</b>		
<b>Fall</b>		
EDU 363	Tchg Adptve Cur Thru Beh/Clstrm <sup>3</sup>	3
Elective 300-499	Teaching Field, C <sup>1</sup>	3
Select one of the following:		3
KIN 380	Kinesiology (Teaching Field, B) <sup>1</sup>	
KIN 474	Sport and Fitness Conditioning (Teaching Field, B) <sup>1</sup>	
KIN 476	Exercise Physiology (Teaching Field, B) <sup>1</sup>	
KIN 475	Org-Admin Hlth and PE-W <sup>3</sup>	3
<b>Hours</b>		<b>12</b>
<b>Spring</b>		
KIN 460	Student Teaching Secondary	9
<b>Hours</b>		<b>9</b>
<b>Total Hours</b>		<b>120</b>

<sup>1</sup> See General Education Requirements

<sup>2</sup> Recommended course

<sup>3</sup> Required for admission to Candidacy