# EXERCISE SCIENCE (BS) - PRE-PROFESSIONAL CONCENTRATION

# **Degree Requirements**

Code	Title	Hours
	on Requirements	Hours
	Education Requirements (p. 1)	45
Major Requirem	, , ,	
Exercise Science		
A. Complete the	following:	
BMD 251	Human Anatomy & Physiology I	4
BMD 252	Human Anatomy & Physiology II	4
HS 170	First Aid	1
KIN 100	Concepts of Health and Fitness	3
KIN 263	Intro to Nutrition	3
KIN 278	Sport and Human Behavior	3
KIN 363	Sports Nutrition - W	3
KIN 370	Basic Motor Learning	3
KIN 380	Kinesiology	3
KIN 474	Sport and Fitness Conditioning	3
KIN 475	Org-Admin Hlth and PE-W	3
or SM 472	Legal Issues in Sports/Rec - W	
KIN 476	Exercise Physiology	3
KIN 479	Fit Assess-Exercise Prescript	3
KIN 480	Therapeutic Exercise	3
KIN 486	Advanced Exercise Physiology	3
ST 210	Stat Reason and Application	3
Pre-Professional	Concentration	
A. Complete the	following:	
CH 131	General Chemistry I	4
& 131L	and General Chemistry I Lab	
	9 from BMD, CH, EMS, HS, KIN, PSY, RTH, SM	3
B. Choose from		3-4
CH 132	General Chemistry II	
& 132L	and General Chemistry II Lab	
C. Choose from	499 from EMS, HS, KIN, PSY, RTH, SM	4.5
PH 114		4-5
& 114L	Physics with Algebra-Trig I and Alg-Trig Based Physics I Lab	
CH 201	Organic Chemistry I	
& 201L	and Organic Chemistry I Lab	
D. Choose from the following: 3		
PH 115	Physics with Algebra -Trig II	
& 115L	and Alg-Trig Based Physics II Lab	
BLY 213	Microbiology	
BMD 210	Microbiology in Healthcare	
	9 from HS, KIN, RTH, SM	
E. Choose from	the following:	3-7
KIN 495	Internship	

Electives 300-499 from HS, KIN, PSY, RTH, SM

Minor Requirements	
A minor is not required for this degree program	0
Total Hours	120

# **General Education Requirements**

Area I - Written Composition A. Complete the following: EH 101		Tal.			
A. Complete the following: EH 101 English Composition I 3 B. Complete the following: EH 102 English Composition II 3 Area II - Humanities & Fine Arts A. Complete the following: CA 110 Public Speaking 3 B. Select one of the following: see footnote table below (p. 3) 1 EH 215 Brit Lit before 1785 EH 216 Brit Lit after 1785 EH 226 Am Lit after 1865 EH 226 Am Lit after 1865 EH 236 World Lit before 1650 EH 236 World Lit after 1650 C. Select one of the following: 3 ARH 100 Survey of Art ARH 103 Art History I ARS 101 Art Appreciation DRA 110 Introduction to Theatre MUL 101 Introduction to Music D. Select three hours of the following: 3 AFR 101 Intro to African Amer Studies ARH 103 Art History I ARH 123 Art History II ARS 101 Art Appreciation D. Select three hours of the following: 3 AFR 101 Intro to African Amer Studies ARH 103 Art History II ARH 104 Survey of Art ARH 105 Survey of Art ARH 106 Survey of Art ARH 107 Art Appreciation CLA 110 Intro Anc Greek Roman Culture DRA 110 Intro Anc Greek Roman Culture DRA 110 Intro Anc Greek Roman Culture DRA 110 Introduction to Theatre EH 215 Brit Lit after 1785 EH 226 Am Lit after 1785 EH 226 Am Lit after 1785 EH 226 Am Lit after 1650 EH 236 World Lit after 1650 EH 236 World Lit after 1650 EH 236 World Lit after 1650 LG 101 Introductory French II LG 102 Introductory French II LG 112 Introductory French II LG 112 Introductory Spanish II	Code	Title	Hours		
EH 101 English Composition I 3 B. Complete the following: EH 102 English Composition II 3 Area II - Humanities & Fine Arts A. Complete the following: CA 110 Public Speaking 3 B. Select one of the following: see footnote table below (p. 3) 1 3 EH 215 Brit Lit before 1785 EH 216 Brit Lit after 1785 EH 225 Am Lit before 1865 EH 226 Am Lit after 1865 EH 235 World Lit before 1650 EH 236 World Lit after 1650 C. Select one of the following: 3 ARH 100 Survey of Art ARH 103 Art History I ARS 101 Art Appreciation DRA 110 Introduction to Theatre MUL 101 Introduction to Music D. Select three hours of the following: 3 AFR 101 Intro African Amer Studies ARH 103 Art History I ARH 123 Art History I ARH 203 Survey of Art ARH 104 Survey of Art ARH 105 Art History I ARH 106 Survey of Art ARH 107 Art History I ARH 108 Art History I ARH 109 Art History I ARH 109 Survey of Art ARH 100 Survey of Art ARH 101 Introduction to Theatre BRIT 101 Intro Arc Greek Roman Culture DRA 110 Introduction to Theatre EH 215 Brit Lit before 1785 EH 216 Brit Lit after 1785 EH 225 Am Lit before 1785 EH 226 Am Lit after 1865 EH 235 World Lit after 1650 EH 236 World Lit after 1650 EH 231 Introductory Latin II LG 111 Introductory French II LG 112 Introductory French II LG 112 Introductory Chinese II LG 121 Introductory Chinese II LG 122 Introductory Spanish II					
B. Complete the following: EH 102 English Composition II 3  Area II - Humanities & Fine Arts  A. Complete the following: CA 110 Public Speaking B. Select one of the following: see footnote table below (p. 3) 3  EH 215 Brit Lit before 1785 EH 216 Brit Lit after 1785 EH 225 Am Lit before 1865 EH 226 Am Lit after 1865 EH 235 World Lit before 1650 EH 236 World Lit after 1650 C. Select one of the following: 3  ARH 100 Survey of Art ARH 103 Art History I  ARS 101 Art Appreciation DRA 110 Introduction to Theatre MUL 101 Introduction to Music D. Select three hours of the following: 3  AFR 101 Intro to African Amer Studies ARH 103 Art History II  ARH 123 Art History II  ARS 101 Art Appreciation DRA 110 Introduction to Theatre MUL 101 Introduction to Music D. Select three hours of the following: 3  AFR 101 Intro to African Amer Studies ARH 103 Art History II  ARH 123 Art History II  ARH 124 Art History II  ARH 203 Survey of Non-Western Art  ARS 101 Art Appreciation CLA 110 Intro Anc Greek Roman Culture DRA 110 Introduction to Theatre EH 215 Brit Lit before 1785 EH 216 Brit Lit after 1785 EH 225 Am Lit before 1865 EH 226 Am Lit after 1865 EH 236 World Lit after 1865 EH 236 World Lit after 1650 LG 101 Introductory Latin I  LG 102 Introductory Latin II  LG 101 Introductory French II  LG 112 Introductory Chinese I  LG 122 Introductory Spanish II		•			
EH 102 English Composition II 3  Area II - Humanities & Fine Arts  A. Complete the following:  CA 110 Public Speaking 3  B. Select one of the following: see footnote table below (p. 3) 1  EH 215 Brit Lit before 1785 EH 216 Brit Lit after 1785 EH 225 Am Lit before 1865 EH 226 Am Lit after 1865 EH 236 World Lit before 1650 EH 236 World Lit after 1650 C. Select one of the following: 3  ARH 100 Survey of Art ARH 103 Art History I  ARS 101 Art Appreciation DRA 110 Introduction to Theatre MUL 101 Introduction to Music D. Select three hours of the following: 3  AFR 101 Intro Art History I  ARH 103 Art History I  ARH 103 Art History I  ARH 101 Introduction to Theatre MUL 101 Introduction to Theatre MUL 101 Introduction to Theatre ARH 103 Art History I  ARH 103 Art History I  ARH 103 Art History I  ARH 123 Art History II  ARH 1203 Survey of Non-Western Art  ARS 101 Art Appreciation CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre EH 215 Brit Lit after 1785 EH 216 Brit Lit after 1785 EH 226 Am Lit after 1865 EH 225 Am Lit before 1865 EH 226 Am Lit after 1865 EH 236 World Lit after 1865 EH 236 World Lit after 1650 LG 101 Introductory Latin II  LG 102 Introductory French II  LG 111 Introductory French II  LG 112 Introductory Chinese II  LG 121 Introductory Spanish II		• •	3		
Area II - Humanities & Fine Arts  A. Complete the following:  CA 110 Public Speaking  B. Select one of the following: see footnote table below (p. 3) 1  EH 215 Brit Lit before 1785  EH 216 Brit Lit after 1785  EH 225 Am Lit before 1865  EH 226 Am Lit after 1865  EH 236 World Lit before 1650  EH 236 World Lit before 1650  C. Select one of the following: 3  ARH 100 Survey of Art  ARH 103 Art History I  ARS 101 Art Appreciation  DRA 110 Introduction to Theatre  MUL 101 Introduction to Music  D. Select three hours of the following: 3  AFR 101 Art History I  ARH 103 Art History I  ARH 103 Art History II  ARH 101 Intro to African Amer Studies  ARH 100 Survey of Art  ARH 101 Art Appreciation  D. Select three hours of the following: 3  AFR 101 Intro to African Amer Studies  ARH 103 Art History I  ARH 123 Art History II  ARH 203 Survey of Non-Western Art  ARS 101 Art Appreciation  CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre  EH 215 Brit Lit after 1785  EH 216 Brit Lit after 1785  EH 226 Am Lit after 1865  EH 225 Am Lit after 1865  EH 226 Am Lit after 1865  EH 236 World Lit after 1650  LG 101 Introductory Latin II  LG 102 Introductory Latin II  LG 111 Introductory French II  LG 112 Introductory Chinese II  LG 122 Introductory Spanish II					
A. Complete the following: CA 110 Public Speaking 3 B. Select one of the following: see footnote table below (p. 3) 1 EH 215 Brit Lit before 1785 EH 216 Brit Lit after 1785 EH 225 Am Lit before 1865 EH 226 Am Lit after 1865 EH 235 World Lit before 1650 EH 236 World Lit after 1650 C. Select one of the following: 3 ARH 100 Survey of Art ARH 103 Art History II ARS 101 Art Appreciation DRA 110 Introduction to Theatre MUL 101 Introduction to Music D. Select three hours of the following: 3 AFR 101 Art History II ARH 103 Art History II ARH 103 Art History II ARH 104 Survey of Art ARH 105 Art Appreciation DRA 110 Introduction to Music D. Select three hours of the following: 3 AFR 101 Intro to African Amer Studies ARH 103 Art History II ARH 203 Art History II ARH 203 Art History II ARH 204 Art Appreciation CLA 110 Intro Anc Greek Roman Culture DRA 110 Introduction to Theatre EH 215 Brit Lit before 1785 EH 216 Brit Lit after 1785 EH 225 Am Lit after 1865 EH 235 World Lit after 1865 EH 236 World Lit after 1650 LG 101 Introductory Latin II LG 102 Introductory Latin II LG 101 Introductory French II LG 112 Introductory Chinese II LG 121 Introductory Chinese II LG 122 Introductory Spanish II			3		
CA 110 Public Speaking 3 B. Select one of the following: see footnote table below (p. 3) 1 EH 215 Brit Lit before 1785 EH 216 Brit Lit after 1785 EH 225 Am Lit before 1865 EH 226 Am Lit after 1865 EH 235 World Lit before 1650 EH 236 World Lit after 1650 C. Select one of the following: 3 ARH 100 Survey of Art ARH 103 Art History II ARS 101 Art Appreciation DRA 110 Introduction to Theatre MUL 101 Introduction to Music D. Select three hours of the following: 3 AFR 100 Survey of Art ARH 103 Art History II ARS 101 Art Appreciation DRA 110 Intro to African Amer Studies ARH 100 Survey of Art ARH 103 Art History II ARH 203 Art History II ARH 203 Art History II ARH 204 Art History II ARH 205 Burvey of Non-Western Art ARS 101 Art Appreciation CLA 110 Intro Anc Greek Roman Culture DRA 110 Introduction to Theatre EH 215 Brit Lit before 1785 EH 216 Brit Lit after 1785 EH 225 Am Lit before 1865 EH 226 Am Lit after 1865 EH 226 Introductory Latin II LG 102 Introductory Latin II LG 102 Introductory French II LG 111 Introductory French II LG 112 Introductory Chinese II LG 122 Introductory Spanish II					
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EH 235 World Lit before 1650 EH 236 World Lit after 1650 C. Select one of the following: 3 ARH 100 Survey of Art ARH 103 Art History I ARH 123 Art History II ARS 101 Art Appreciation DRA 110 Introduction to Theatre MUL 101 Introduction to Music D. Select three hours of the following: 3 AFR 101 Intro to African Amer Studies ARH 100 Survey of Art ARH 103 Art History I ARH 123 Art History II ARH 203 Survey of Non-Western Art ARS 101 Art Appreciation CLA 110 Intro Anc Greek Roman Culture DRA 110 Introduction to Theatre EH 215 Brit Lit before 1785 EH 216 Brit Lit after 1785 EH 225 Am Lit before 1865 EH 226 Am Lit after 1865 EH 236 World Lit after 1650 LG 101 Introductory Latin I LG 102 Introductory French I LG 111 Introductory French I LG 112 Introductory Chinese I LG 122 Introductory Spanish II	EH 225	Am Lit before 1865			
EH 236 World Lit after 1650  C. Select one of the following: 3  ARH 100 Survey of Art  ARH 103 Art History I  ARH 123 Art History II  ARS 101 Art Appreciation  DRA 110 Introduction to Theatre  MUL 101 Introduction to Music  D. Select three hours of the following: 3  AFR 101 Intro to African Amer Studies  ARH 100 Survey of Art  ARH 103 Art History I  ARH 123 Art History II  ARH 203 Survey of Non-Western Art  ARS 101 Art Appreciation  CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre  EH 215 Brit Lit before 1785  EH 216 Brit Lit after 1785  EH 226 Am Lit after 1865  EH 225 Am Lit before 1865  EH 236 World Lit after 1650  LG 101 Introductory Latin I  LG 102 Introductory Latin II  LG 112 Introductory French I  LG 111 Introductory Chinese II  LG 122 Introductory Spanish II	EH 226	Am Lit after 1865			
C. Select one of the following:  ARH 100 Survey of Art  ARH 103 Art History I  ARH 123 Art History II  ARS 101 Art Appreciation  DRA 110 Introduction to Theatre  MUL 101 Introduction to Music  D. Select three hours of the following:  3 AFR 101 Intro to African Amer Studies  ARH 100 Survey of Art  ARH 103 Art History I  ARH 123 Art History II  ARH 203 Survey of Non-Western Art  ARS 101 Art Appreciation  CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre  EH 215 Brit Lit before 1785  EH 216 Brit Lit after 1785  EH 226 Am Lit after 1865  EH 225 Am Lit before 1650  EH 236 World Lit after 1650  LG 101 Introductory Latin II  LG 102 Introductory Latin II  LG 111 Introductory French II  LG 112 Introductory Chinese II  LG 122 Introductory Spanish II	EH 235	World Lit before 1650			
ARH 100 Survey of Art  ARH 103 Art History I  ARS 101 Art Appreciation  DRA 110 Introduction to Theatre  MUL 101 Introduction to Music  D. Select three hours of the following: 3  AFR 101 Intro to African Amer Studies  ARH 100 Survey of Art  ARH 103 Art History I  ARH 123 Art History II  ARH 203 Survey of Non-Western Art  ARS 101 Art Appreciation  CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre  EH 215 Brit Lit before 1785  EH 216 Brit Lit after 1785  EH 225 Am Lit before 1865  EH 226 Am Lit after 1865  EH 236 World Lit before 1650  EH 236 World Lit after 1650  LG 101 Introductory Latin I  LG 102 Introductory French II  LG 111 Introductory French II  LG 121 Introductory Chinese I  LG 132 Introductory Spanish II	EH 236	World Lit after 1650			
ARH 103 Art History I ARH 123 Art History II ARS 101 Art Appreciation DRA 110 Introduction to Theatre MUL 101 Introduction to Music D. Select three hours of the following: 3 AFR 101 Intro to African Amer Studies ARH 100 Survey of Art ARH 103 Art History I ARH 123 Art History II ARH 203 Survey of Non-Western Art ARS 101 Art Appreciation CLA 110 Intro Anc Greek Roman Culture DRA 110 Introduction to Theatre EH 215 Brit Lit before 1785 EH 216 Brit Lit after 1785 EH 226 Am Lit after 1865 EH 226 Am Lit after 1865 EH 236 World Lit before 1650 EH 236 World Lit after 1650 LG 101 Introductory Latin I LG 102 Introductory French II LG 112 Introductory Chinese I LG 122 Introductory Spanish II	C. Select one of	the following:	3		
ARH 123 Art History II  ARS 101 Art Appreciation  DRA 110 Introduction to Theatre  MUL 101 Introduction to Music  D. Select three hours of the following: 3  AFR 101 Intro to African Amer Studies  ARH 100 Survey of Art  ARH 103 Art History I  ARH 123 Art History II  ARH 203 Survey of Non-Western Art  ARS 101 Art Appreciation  CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre  EH 215 Brit Lit before 1785  EH 216 Brit Lit after 1785  EH 226 Am Lit after 1865  EH 225 Am Lit after 1865  EH 235 World Lit before 1650  EH 236 World Lit after 1650  LG 101 Introductory Latin II  LG 102 Introductory French II  LG 112 Introductory Chinese II  LG 122 Introductory Spanish II	ARH 100	Survey of Art			
ARS 101 Art Appreciation DRA 110 Introduction to Theatre MUL 101 Introduction to Music D. Select three hours of the following: 3 AFR 101 Intro to African Amer Studies ARH 100 Survey of Art ARH 103 Art History I ARH 123 Art History II ARH 203 Survey of Non-Western Art ARS 101 Art Appreciation CLA 110 Intro Anc Greek Roman Culture DRA 110 Introduction to Theatre EH 215 Brit Lit before 1785 EH 216 Brit Lit after 1785 EH 225 Am Lit before 1865 EH 225 Am Lit before 1650 EH 236 World Lit after 1650 LG 101 Introductory Latin I LG 102 Introductory French I LG 111 Introductory French II LG 112 Introductory Chinese I LG 122 Introductory Spanish II	ARH 103	Art History I			
DRA 110 Introduction to Theatre  MUL 101 Introduction to Music  D. Select three hours of the following:  AFR 101 Intro to African Amer Studies  ARH 100 Survey of Art  ARH 103 Art History I  ARH 123 Art History II  ARH 203 Survey of Non-Western Art  ARS 101 Art Appreciation  CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre  EH 215 Brit Lit before 1785  EH 216 Brit Lit after 1785  EH 225 Am Lit before 1865  EH 226 Am Lit after 1865  EH 235 World Lit after 1650  LG 101 Introductory Latin II  LG 102 Introductory Latin II  LG 111 Introductory French II  LG 112 Introductory Chinese II  LG 122 Introductory Spanish II	ARH 123	Art History II			
MUL 101 Introduction to Music  D. Select three hours of the following:  AFR 101 Intro to African Amer Studies  ARH 100 Survey of Art  ARH 103 Art History I  ARH 203 Art History II  ARH 203 Survey of Non-Western Art  ARS 101 Art Appreciation  CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre  EH 215 Brit Lit before 1785  EH 216 Brit Lit after 1785  EH 225 Am Lit before 1865  EH 226 Am Lit after 1865  EH 235 World Lit before 1650  EH 236 World Lit after 1650  LG 101 Introductory Latin II  LG 102 Introductory Latin II  LG 111 Introductory French II  LG 112 Introductory Chinese II  LG 122 Introductory Spanish II	ARS 101	Art Appreciation			
D. Select three hours of the following:  AFR 101 Intro to African Amer Studies  ARH 100 Survey of Art  ARH 103 Art History I  ARH 123 Art History II  ARH 203 Survey of Non-Western Art  ARS 101 Art Appreciation  CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre  EH 215 Brit Lit before 1785  EH 216 Brit Lit after 1785  EH 225 Am Lit before 1865  EH 226 Am Lit after 1865  EH 235 World Lit before 1650  EH 236 World Lit after 1650  LG 101 Introductory Latin II  LG 102 Introductory Latin II  LG 111 Introductory French II  LG 112 Introductory Chinese II  LG 122 Introductory Spanish II	DRA 110	Introduction to Theatre			
AFR 101 Intro to African Amer Studies  ARH 100 Survey of Art  ARH 103 Art History I  ARH 123 Art History II  ARH 203 Survey of Non-Western Art  ARS 101 Art Appreciation  CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre  EH 215 Brit Lit before 1785  EH 216 Brit Lit after 1785  EH 225 Am Lit after 1865  EH 226 Am Lit after 1865  EH 235 World Lit before 1650  EH 236 World Lit after 1650  LG 101 Introductory Latin II  LG 102 Introductory Latin II  LG 111 Introductory French II  LG 112 Introductory Chinese II  LG 132 Introductory Spanish II	MUL 101	Introduction to Music			
ARH 100 Survey of Art  ARH 103 Art History I  ARH 123 Art History II  ARH 203 Survey of Non-Western Art  ARS 101 Art Appreciation  CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre  EH 215 Brit Lit before 1785  EH 216 Brit Lit after 1785  EH 225 Am Lit after 1865  EH 226 Am Lit after 1865  EH 235 World Lit before 1650  EH 236 World Lit after 1650  LG 101 Introductory Latin I  LG 102 Introductory Latin II  LG 111 Introductory French I  LG 112 Introductory French II  LG 121 Introductory Chinese I  LG 132 Introductory Spanish II	D. Select three h	ours of the following:	3		
ARH 103 Art History I  ARH 123 Art History II  ARH 203 Survey of Non-Western Art  ARS 101 Art Appreciation  CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre  EH 215 Brit Lit before 1785  EH 216 Brit Lit after 1785  EH 225 Am Lit before 1865  EH 226 Am Lit after 1865  EH 235 World Lit before 1650  EH 236 World Lit after 1650  LG 101 Introductory Latin I  LG 102 Introductory French I  LG 111 Introductory French II  LG 121 Introductory Chinese I  LG 132 Introductory Spanish II	AFR 101	Intro to African Amer Studies			
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ARH 123 Art History II  ARH 203 Survey of Non-Western Art  ARS 101 Art Appreciation  CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre  EH 215 Brit Lit before 1785  EH 216 Brit Lit after 1785  EH 225 Am Lit before 1865  EH 226 Am Lit after 1865  EH 235 World Lit before 1650  EH 236 World Lit after 1650  LG 101 Introductory Latin II  LG 102 Introductory Latin II  LG 111 Introductory French II  LG 112 Introductory French II  LG 121 Introductory Chinese II  LG 132 Introductory Spanish II	ARH 103	•			
ARH 203 Survey of Non-Western Art  ARS 101 Art Appreciation  CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre  EH 215 Brit Lit before 1785  EH 216 Brit Lit after 1785  EH 225 Am Lit before 1865  EH 225 Am Lit after 1865  EH 235 World Lit before 1650  EH 236 World Lit after 1650  LG 101 Introductory Latin I  LG 102 Introductory Latin II  LG 111 Introductory French I  LG 112 Introductory French II  LG 121 Introductory Chinese I  LG 132 Introductory Spanish II	ARH 123				
ARS 101 Art Appreciation  CLA 110 Intro Anc Greek Roman Culture  DRA 110 Introduction to Theatre  EH 215 Brit Lit before 1785  EH 216 Brit Lit after 1785  EH 225 Am Lit before 1865  EH 226 Am Lit after 1865  EH 235 World Lit before 1650  EH 236 World Lit after 1650  LG 101 Introductory Latin I  LG 102 Introductory Latin II  LG 111 Introductory French I  LG 112 Introductory French II  LG 121 Introductory Chinese I  LG 132 Introductory Spanish II	ARH 203	· · · · · · · · · · · · · · · · · · ·			
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EH 225 Am Lit before 1865 EH 226 Am Lit after 1865 EH 235 World Lit before 1650 EH 236 World Lit after 1650 LG 101 Introductory Latin I LG 102 Introductory Latin II LG 111 Introductory French I LG 112 Introductory French II LG 121 Introductory Chinese I LG 122 Introductory Chinese II LG 132 Introductory Spanish II					
EH 226 Am Lit after 1865 EH 235 World Lit before 1650 EH 236 World Lit after 1650 LG 101 Introductory Latin I LG 102 Introductory Latin II LG 111 Introductory French I LG 112 Introductory French II LG 121 Introductory Chinese I LG 122 Introductory Chinese II LG 132 Introductory Spanish II					
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LG 131 Introductory Spanish I 3					
	LG 131	Introductory Spanish I	3		

LG 141	Intro Classical Greek I		MA 112	Precalculus Algebra
LG 142	Intro Classical Greek II		MA 113	Precalculus Trigonometry
LG 151	Introductory German I		MA 115	Precal Algebra-Trigonometry
LG 152	Introductory German II			below (p. 3)) <sup>2</sup>
LG 153	Accelerated Intro German		MA 120	Calculus and Its Applications
LG 171	Introductory Russian I		MA 125	Calculus I
LG 172	Introductory Russian II		MA 126	Calculus II
LG 173	Accelerated Intro Russian		MA 227	Calculus III
LG 201	Intermediate Latin I		MA 237	Linear Algebra I
LG 202	Intermediate Latin II		MA 238	Differential Equations I
LG 211	Intermediate French I		B. Select 8-10 ho	urs from the following:
LG 212	Intermediate French II		AN 121	Biological Anthropology
LG 213	Accelerated Inter French - H		& 121L	and Biological Anthropology
LG 221	Intermediate Chinese I		BLY 121	General Biology I
LG 222	Intermediate Chinese II		& 121L	and General Biology I Lab (se below (p. 3)) <sup>2</sup>
LG 231	Intermediate Spanish I		or BLY 101	Life Science I
LG 232	Intermediate Spanish II		& 101L	and Life Science I Laboratory
LG 234	Inter Spanish Accel -H		BLY 122	General Biology II
LG 241	Interm Classical Greek I		& 122L	and General Biology II Labora
LG 242	Interm Classical Greek II			table below (p. 3)) <sup>2</sup>
LG 251	Intermediate German I		or BLY 102	Life Science II
LG 252	Intermediate German II		& 102L	and Life Science II Lab
LG 271	Intermediate Russian I		CH 101	Survey of Inorg and Org Chen
LG 272	Intermediate Russian II		& 101L	and Survey Inorg-Org Chem L
LG 273	Intensive Second Year Russian		CH 131 & 131L	General Chemistry I I ab
LGS 101	Introductory Japanese I		CH 132	and General Chemistry I Lab General Chemistry II
LGS 102	Introductory Japanese II		& 132L	and General Chemistry II Lab
LGS 106	Introductory Arabic I		GEO 101	Environmental Geography
LGS 107	Introductory Arabic II		& 101L	and Environmental Geograph
LGS 110	Intro American Sign Language I		GEO 102	Earth and the Environment
LGS 111	Intro American Sign Lang II		& 102L	and Earth and the Environme
LGS 171	Introductory Korean I		GY 111	Physical Geology
LGS 172	Introductory Korean II		& 111L	and Physical Geology Lab
LGS 201	Intermediate Japanese I		GY 112	Earth History
LGS 202	Intermediate Japanese II		& 112L	and Earth History Lab
LGS 206	Intermediate Arabic I		MAS 134	Ocean Science
LGS 207	Intermediate Arabic II		& 134L	and Ocean Science Lab
LGS 210	Intermediate ASL I		PH 101 & 101L	Introduction to Astronomy and Introduction to Astronom
LGS 211	Intermediate ASL II		PH 104	Concepts of Physics
MUL 101	Introduction to Music		& 104L	and Concepts of Physics Lab
PHL 110	Introduction to Philosophy		PH 114	Physics with Algebra-Trig I
PHL 120	Critical Thinking		& 114L	and Alg-Trig Based Physics I
PHL 121	Introduction to Logic		PH 115	Physics with Algebra -Trig II
PHL 131	Introduction to Ethics		& 115L	and Alg-Trig Based Physics II
PHL 231	Social Ethics		PH 201	Calculus-Based Physics I
PHL 240	Western Philosophy: Classical		& 201L	and Calculus-Based Physics
REL 100	Intro to the Study of Religion		PH 202	Calculus-Based Physics II
REL 200	Old Testament/Hebrew Bible		& 202L	and Calculus-Based Physics
REL 201	Survey of the New Testament		Area IV - History below (p. 3) 1	, Social & Behavioral Sciences
a III – Natu	ral Sciences & Mathematics		A. Select one of t	he following:
Select 3-4 ho	ours from the following:	3-4	HY 101	HY of Western Civilization I
MA 110	Finite Mathematics		HY 101	HY of Western Civilization I
			H1 102	THE OF WESTERN CIVILIZATION II

	MA 112	Precalculus Algebra		
	MA 113	Precalculus Trigonometry		
	MA 115	Precal Algebra-Trigonometry (see footnote table below (p. 3)) $^{2}$		
	MA 120	Calculus and Its Applications		
	MA 125	Calculus I		
	MA 126	Calculus II		
	MA 227	Calculus III		
	MA 237	Linear Algebra I		
	MA 238	Differential Equations I		
3.	Select 8-10 hou	rs from the following:	8-10	
	AN 121	Biological Anthropology		
	& 121L	and Biological Anthropology Lab		
	BLY 121 & 121L	General Biology I and General Biology I Lab (see footnote table below (p. 3)) <sup>2</sup>		
	or BLY 101 & 101L	Life Science I and Life Science I Laboratory		
	BLY 122 & 122L	General Biology II and General Biology II Laboratory (see footnote table below (p. 3)) $^2$		
	or BLY 102 & 102L	Life Science II and Life Science II Lab		
	CH 101	Survey of Inorg and Org Chem		
	& 101L	and Survey Inorg-Org Chem Lab		
	CH 131 & 131L	General Chemistry I and General Chemistry I Lab		
	CH 132 & 132L	General Chemistry II and General Chemistry II Lab		
	GEO 101 & 101L	Environmental Geography and Environmental Geography Lab		
	GEO 102 & 102L	Earth and the Environment and Earth and the Environment Lab		
	GY 111 & 111L	Physical Geology and Physical Geology Lab		
	GY 112 & 112L	Earth History and Earth History Lab		
	MAS 134 & 134L	Ocean Science and Ocean Science Lab		
	PH 101	Introduction to Astronomy		
	& 101L	and Introduction to Astronomy Lab		
	PH 104 & 104L	Concepts of Physics and Concepts of Physics Laboratory		
	PH 114 & 114L	Physics with Algebra-Trig I and Alg-Trig Based Physics I Lab		
	PH 115 & 115L	Physics with Algebra -Trig II and Alg-Trig Based Physics II Lab		
	PH 201 & 201L	Calculus-Based Physics I and Calculus-Based Physics I Lab		
	PH 202 & 202L	Calculus-Based Physics II and Calculus-Based Physics II Lab		
	Area IV – History, Social & Behavioral Sciences see footnote table pelow (p. 3) 1			
	Calcot and of th	a fallanda an	0	

HY 121	World Civilization I		
HY 122	World Civilization II		
HY 135	US History to 1877		
HY 136	US History since 1877		
B. Select three	of the following:	9	
AN 100	Intro to Cultural Anthropology		
AN 101	Intro Archaeology-Bio Anthro		
CA 100	Intro to Communication		
CA 101	Intro to Media		
CJ 105	Introduction to Criminal Justice		
ECO 215	Prin of Microeconomics		
ECO 216	Prin of Macroeconomics		
GEO 114	People, Places, Environment		
GEO 115	World Regional Geography		
HY 101	HY of Western Civilization I		
HY 102	HY of Western Civilization II		
HY 121	World Civilization I		
HY 122	World Civilization II		
HY 135	US History to 1877		
HY 136	US History since 1877		
IS 100	Global Issues		
IST 201	Seasons of Life		
NAS 101	Intro Native American Studies		
PSC 130	Intro to US Government		
PSY 120	Introduction to Psychology (see footnote table below (p. 3)) $^2$		
PSY 250	Life Span Development (see footnote table below (p. 3)) <sup>2</sup>		
SY 109	Introductory Sociology		
SY 112	Social Problems		
Area V			
A. Complete the	e following:		
PE 102	Weight Training	1	
B. Complete the	e following:		
PE 101 - PE 157	PE 101 - PE 157 (No Repeats) 3		
Total Hours	4	8-51	

## **Footnote**

Students must complete a 6 credit hour sequence either in literature (Area II – EH 215 & EH 216, EH 225 & EH 226, or EH 235 & EH 236) or history (Area IV – HY 101 & HY 102 or HY 121 & HY 122 or HY 135 & HY 136)

<sup>2</sup> Recommended Course

All undergraduates must complete two designated writing credit (W) courses, at least one of which must be in the student's major or minor

## **Additional Information**

 Minimum Grade Point Average Required for Graduation: 2.20 Major GPA, 2.20 USA GPA

# **Graduation Plan**

(120 Total Hours)

The Graduation Plan is an example of course progression. Individual student plans may vary. Students should consult with an academic advisor to create a personalized plan.

Course	Title	Hours
First Year		
Fall		
BLY 121	General Biology I	4
& 121L	and General Biology I Lab (Area III, B) 1	
CA 110	Public Speaking	3
EH 101	English Composition I (Area I, A)	3
History	Area IV, A <sup>1</sup>	3
KIN 100	Concepts of Health and Fitness	3
	Hours	16
Spring		
BLY 122	General Biology II	4
& 122L	and General Biology II Laboratory (Area III, B)	
EH 102	English Composition II (Area I, B)	3
MA 115	Precal Algebra-Trigonometry (Area III, A; adds an additional credit hour) <sup>1, 2</sup>	4
PE 102	Weight Training	1
PSY 120	Introduction to Psychology (Area IV, B) 1, 2	3
	Hours	15
Second Year		
Fall		
BMD 251	Human Anatomy & Physiology I	4
HS 170	First Aid	1
PH 114	Physics with Algebra-Trig I	5
& 114L	and Alg-Trig Based Physics I Lab	
PSY 250	Life Span Development (Area IV, B) 1, 2	3
Humanities & Fine Arts	Area II, B <sup>1</sup>	3
	Hours	16
Spring		
BMD 252	Human Anatomy & Physiology II	4
KIN 263	Intro to Nutrition	3
PH 115 & 115L	Physics with Algebra -Trig II and Alg-Trig Based Physics II Lab	5
Humanities & Fine Arts	Area II, D 1	3
	Hours	15
Third Year Fall		
CH 131	General Chemistry I	4
& 131L	and General Chemistry I Lab	·
KIN 278	Sport and Human Behavior	3
KIN 476	Exercise Physiology	3
History, Social & Behavioral Sciences	Area IV, B <sup>1</sup>	3
PE 101 - PE 157	PE Activity Course	1
	Hours	14
Spring		
CH 132	General Chemistry II	4
& 132L	and General Chemistry II Lab	
KIN 370	Basic Motor Learning	3
KIN 380	Kinesiology	3
Humanities & Fine Arts	Area II, C <sup>1</sup>	3
PE 101 - PE 157	PE Activity Course	1
	Hours	14
Fourth Year		
Fall		
KIN 474	Sport and Fitness Conditioning	3
KIN 475	Org-Admin HIth and PE-W (Exercise Science Major	3
or SM 472	Core, C) or Legal Issues in Sports/Rec - W	
KIN 480	Therapeutic Exercise	3

### Exercise Science (BS) - Pre-Professional Concentration 4

KIN 486	Advanced Exercise Physiology	3
ST 210	Stat Reason and Application	3
PE 101 - PE 157	PE Activity Course	1
	Hours	16
Spring		
KIN 363	Sports Nutrition - W	3
KIN 479	Fit Assess-Exercise Prescript	3
Elective 200-499	EMS, HS, KIN, PSY, RTH, SM	3
Elective 200-499	BMD, CH, EMS, HS, KIN, PSY, RTH, SM	3
Elective 300-499	HS, KIN, PSY, RTH, SM	3
	Hours	15
	Total Hours	121

See General Education Requirements
 Recommended Course

## Notes:

• (W) Writing-Intensive Course